

How can you help?

- **Make a donation** to SCLC.
- **Become an Team Mate** - 4-5 hours a month helps a Team Leader break out of poverty.
- **Help with kids** activities and volunteer 2-6 hours a month during a SCLC meeting.
- **Join the Action Teams** - 3-5 hours a month to engage the community in developing innovative ideas to end poverty.
- **Join the Advisory Board** 3-5 hours a quarter helping SCLC keep the big picture in focus.
- **Be an Ad-hoc Team Mate** - use your skill or knowledge base (financial planning, health care, mechanics, etc.) to help families as needed.
- **Donate a car** - to help a family with transportation needs.



Special thanks to the following for their support.

- Bishop Peggy Johnson, Eastern PA UMC
- The Caring Cupboard
- Churches: *Holy Trinity Lutheran in Lebanon, Church of the Good Shepherd UMC, St. Luke's Lutheran Church in Schaefferstown, Palmyra First UMC, Palmyra Church of the Brethren*
- Dewees Grant Fund
- The Filling Station
- 3J's Coffee Shop
- Jubilee Ministries
- Lebanon County Christian Ministries
- Lebanon Valley College, Metz Catering
- Lisa's Cafe
- Bruno's Subs
- United Methodist Women
- United Way of Lebanon County

And Thanks to representatives of the following organizations for interest and ongoing conversations about our work together

- P.R.O.B.E
- Lebanon Community Action Partnership
- Dress for Success
- And too many helpful conversations to count! Thanks to All!

SCLC

520 East Birch Street
Palmyra, PA 17078

Phone: 610-914-3846

E-mail: smedleylee@gmail.com



Across Lebanon County, we are forming **Support Connections** to break down isolation which constrains many low income families.

In Palmyra & Lebanon City, **SCLC** is helping families move out of poverty into a healthy new future, enabling our community to be strong and vibrant!

www.SCLCLebCo.org

SCLC is an exciting initiative which builds purposeful relationships across class lines to create a strong and vibrant community.

Poverty is caused by more than a lack of dollars and it takes more than money to fix it. It takes relationships, role models, cognitive strategies, and creative problem solving to move from poverty to self sufficiency. Poverty steals resources from our community and destroys the hope and dreams of our neighbors.

Poverty in Lebanon County, PA

- It costs more than \$40,000 a year for a family of 3 to be self-sufficient.
- 1 out of 3, of Lebanon, and 1 out of 5, of Palmyra families can't meet basic living expenses.
- Supportive services such as housing or child care assistance are in short supply for our families that need help.
- All Lebanon City children are offered free lunch and more than 22% of the children in Palmyra elementary schools need free/reduced lunches.
- Families are working hard but don't know how to break out of the cycle of poverty.

SCLC is a unique partnership of **Team Leaders** and 2 to 3 **Team Mates**.

Team Leaders are low income individuals (and their families) who have the determination and dedication to break out of the cycle of poverty. By engaging in meaningful relationships with their **Team Mates**, these families can break through their isolation and achieve a better quality of life.

Team Mates are community volunteers who share their experience, time, and energy to help a **Team Leader** and their family "figure out" how to get out of the cycle of poverty. Engaging in meaningful relationships with a family and helping it grow and succeed provides a deep sense of fulfillment and brings real meaning to life!

Creating a Support Team is done by matching a **Team Leader** with 2 to 3 **Team Mates**. Individuals are matched based on interests and family goals. A **Support Team** meets twice each month.

The Goal is to identify barriers and solutions to help families move out of poverty and to strengthen our community! By working with families, **Team Mates** can see what barriers keep families stuck. Together we can look for real solutions.

**Poverty is a Community Problem
Requiring Community Solutions!**

Action Teams composed of community leaders, Team Leader families, and volunteers work to further develop and implement the **Support Connections of Lebanon County**.

Weekly Team Leader Meetings

These Weekly Meetings provide a forum for building relationships and learning new skills which help **Team Leaders** take a leadership role in their future and in their community.



SCLC can provide human service agencies and legislators with solid, experienced-based information that ultimately can be used to change the face of poverty in Palmyra and Lebanon.